

# PSYCHOLOGY (PSY)

## PSY 101 F General Psychology

3 Units

54 hours lecture per term. This course is a scientific introduction to the major fields of psychology. These fields include research methodology, cognition, memory, perception, sensation, motivation, emotion, learning, and developmental, social, personality, abnormal, and physiological psychology. Students will learn the principles, theories, and research on human actions, emotions, and cognition. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 110)

## PSY 101HF Honors General Psychology

3 Units

54 hours lecture per week. This Honors-enhanced course is a scientific introduction to the major fields of psychology. These fields include research methodology, cognition, memory, perception, sensation, motivation, emotion, learning, and developmental, social, personality, abnormal, and physiological psychology. Students will learn and analyze the principles, theories, and research on human actions, emotions, and cognition. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 110)

## PSY 120 F Human Sexuality

3 Units

54 hours lecture per term. This course covers a broad field in which many cultural, psychological and physiological variables interact in relation to sexual development, attitudes and behaviors. The methods of scientific psychology are utilized to improve understanding of sexual and romantic behaviors ranging from healthy to dysfunctional within mainstream modern American culture and American minority groups as well as peoples of other cultures and historical eras. Discussion of differing cultural and moral perspectives is utilized to assist students in making a critical assessment of the nature of the sexual self as well as intimate human relationships within their own community and the world. (CSU) (UC) (Degree Credit) AA GE, CSU GE, IGETC (C-ID: PSY 130)

## PSY 131 F Cross Cultural Psychology

3 Units

54 hours lecture per term. This course is an introduction to cultural influences on human behavior and mental processes. Beginning with an examination of theoretical definitions of culture, the course covers a broad range of theories and research findings regarding cultural influences on lifespan development, abnormal behavior and mental health, self-concept, emotion, motivation, learning, intelligence, perception, memory, communication, social cognition, and social behavior. The diversity of human expression is examined in multicultural context within the United States as well as in comparison to other countries. By providing students with a non-judgmental understanding of how culture influences human behavior, and how this varies from culture to culture, this course will make them more equipped to interact in a world where there is increasing contact among different cultures. In addition, students will gain knowledge in cross-cultural research methodology. This course fulfills the Multicultural Education Requirement for graduation. (CSU) (UC) (Degree Credit) AA GE, CSU GE, IGETC

## PSY 139 F Developmental Psychology: Life Cycle

3 Units

54 hours lecture per term. This course explores the entire lifespan, including infancy, childhood, adolescence, adulthood, old age, and death. Students will study and evaluate psychological, sociological, and biological theories and facts related to human development. Physical, social, emotional, intellectual, cognitive and moral developments are among the topics covered. Students will study and evaluate research methodologies and the many factors thought to influence healthy development. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 180)

## PSY 145 F Child Psychology

3 Units

54 hours lecture per term. The psychology of development will be studied from the prenatal stage through adolescence across the domains of physical, cognitive and psychosocial changes. Theoretical viewpoints and research findings will be applied to real-life situations. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC

## PSY 161 F Elementary Statistics for Behavioral Science

4 Units

**Prerequisite(s):** MATH 024 F or MATH 040 F or MATH 041 F or MATH 043 F with a grade of C or better, or by assessment through the college's multiple measure placement processes  
72 hours lecture per term. This course introduces students to descriptive and inferential statistical methods. These methods are essential to the understanding, interpretation, and performance of scientific research. Topics covered include presentation of graphic data, probability theory, hypothesis testing, correlation analysis, analysis of variance, and basic research design. Experience with calculators and computers is provided. (Degree Credit) (CSU) (UC Credit Limitation: PSY 161 F, PSY 161HF, MATH 120 F, MATH 120HF, and SOSC 120 F combined; maximum credit, one course) AA GE, CSU GE, IGETC (C-ID: MATH 110)

## PSY 161HF Honors Elementary Statistics for Behavioral Science

4 Units

**Prerequisite(s):** MATH 024 F or MATH 040 F or MATH 041 F or MATH 043 F, with a grade of C or better, or by assessment through the college's multiple measures placement processes.  
72 hours lecture per term. This Honors-enhanced course introduces students to descriptive and inferential statistical methods. These methods are essential to the understanding, interpretation, and performance of scientific research. Topics covered include presentation of graphic data, probability theory, hypothesis testing, correlation analysis, analysis of variance, and basic research design. Experience with calculators and computers is provided. (Degree Credit) (CSU) (UC Credit Limitation: MATH 120 F, MATH 120HF, MATH 121 F, SOSC 120 F, PSY 161 F and PSY 161HF combined; maximum credit, 1 course) AA GE, CSU GE, IGETC (C-ID: MATH 110)

## PSY 199 F Psychology Independent Study

1 Unit

54 hours independent study per term. This course is for students who wish to extend their knowledge of a particular area through individual research and study. Topics might develop out of a curiosity stimulated in a regular class. Students will then contact the supervising instructor to develop a learning contract for their particular interest so that they can learn more regarding their chosen specific topic. Students successfully completing this course will be awarded elective credit in the Social Sciences area. (Degree Credit) (CSU) (UC review required)

## PSY 202 F Research Methods in Psychology

4 Units

**Prerequisite(s):** PSY 101 F or PSY 101HF and PSY 161 F or PSY 161HF with a grade of C or better.  
54 hours lecture and 54 hours lab per term. This course is designed for students who wish to explore in greater depth the theories, concepts, and research areas of methods of modern day psychology. Emphasis is on the scientific study of human behavior and mental processes using experimental and other research strategies. Skills in designing, implementing, analyzing, and writing scientific research studies will be included. Opportunities for field experiences in various psychological settings, such as research centers and regional psychological conferences are available. Consideration of research in multicultural contexts is addressed. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 205B)

**PSY 202HF Honors Research Methods in Psychology****4 Units**

**Prerequisite(s):** PSY 101 F or PSY 101HF and PSY 161 C or PSY 161HF with a grade of C or better.

54 hours lecture and 54 hours lab per term. This Honors-enhanced course is designed for students who wish to explore in greater depth the theories, concepts, and research areas of methods of modern day psychology. Emphasis is on the scientific study of human behavior and mental processes using experimental and other research strategies. Skills in designing, implementing, analyzing, and writing scientific research studies will be included. Opportunities for field experiences in various psychological settings, such as research centers and regional psychological conferences, are available. Consideration of research in multicultural contexts is addressed. (Degree Credit (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 205B)

**PSY 219 F The Human Services****3 Units**

54 hours lecture per term. In this course topics covered include the history and philosophy of the human services, the needs of various client groups, and differences between practice settings. Practice settings may include schools, homeless shelters, criminal detention centers, hospice, medical and mental health clinics, victims' service centers, and other human service agencies. Goals and services of various human service agencies will be explored through field visits, case studies, service learning, and guest speakers. Career preparation for various human service positions will be covered. (Degree Credit) (CSU) AA GE (pending)

**PSY 221 F The Brain and Behavior****3 Units**

**Prerequisite(s):** PSY 101 F or PSY 101HF with a grade of C or better

54 hours lecture per term. This course examines the neurophysiological and biological processes associated with behavior and mental processes. Emphasis is placed on the structure and function of the brain and other central nervous system structures. Related processes such as the autonomic nervous system, the endocrine system and the immune system also are addressed. Some of the specific topics studied in the context of the brain include learning, sensation, perception, emotion, motivation, cognition, relationships memory, stress, psychological disorders and brain dysfunction. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 150)

**PSY 222 F Abnormal Psychology****3 Units**

**Prerequisite(s):** PSY 101 F or PSY 101HF, with a grade of C or better

54 hours lecture per term. This course presents a scientific survey of the sub-field of psychology interested in researching the nature and causes of deviant or unusual human behavior both within and across cultures. This course surveys types of abnormal behavior, the process of assessing and diagnosing abnormal behavior, the therapeutic modalities used to treat abnormal behavior, and the scientific methods used to conduct research on abnormal behavior. This course draws upon DSM diagnostic criteria to classify abnormal behavior, and humanistic, cognitive, behavioral, cross-cultural, psychodynamic, and biologically based models and theories to frame an understanding of abnormal behavior. Ethical issues related research, treatment, and forensic psychology are considered. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 120)

**PSY 225 F Psychology of Prejudice and Discrimination****3 Units**

54 hours lecture per term. This course will explore the psychological underpinnings and ramifications of prejudice and discrimination. Students will examine the fundamental aspects that lead to prejudice, stereotypes, and discrimination and will examine the complex psychological patterns that develop among different dominant and non-dominant groups. Emphasizing empirical evidence, students will be asked to understand and evaluate methodologies used to measure and characterize the psychological impact of prejudice, stereotypes, and discrimination in the perpetrators and within the individuals in different groups including racial, ethnic, gender, sexual orientation, religious, and in those with varying mental and physical abilities. This course fulfills the Multicultural Education requirement for graduation. (CSU) (UC) (Degree Credit) AA GE, CSU GE, IGETC

**PSY 233 F The Psychology of Adjustment****3 Units**

54 hours lecture per term. In this course, students will study emotional, behavioral physical and cognitive factors in individual psycho-social adjustment, both functional and dysfunctional. Learning activities encourage students to apply psychological theories and concepts to their own developmental progress through childhood, adolescence, young adulthood, career development, romantic relationships, parenting, and preparation for old age and death, as well as multicultural competence. Factors associated with dysfunctional adjustment will be studied as well as common therapies and stress management techniques. (Degree Credit) (CSU) AA GE (C-ID: PSY 115)

**PSY 251 F Social Psychology****3 Units**

54 hours lecture per term. This course presents a scientific survey of the sub-field of psychology that seeks to understand the nature, causes, and influences of the social context upon the individual and of the individual upon the social context. In this survey course, students will be exposed to basic theories, concepts, and empirical findings in such areas as social perception, social cognition, prejudice, discrimination, interpersonal attraction, conformity and obedience, by-stander effects, social aggression, group dynamics, attribution theory, and development of self in the social setting. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 170)

**PSY 251HF Honors Social Psychology****3 Units**

54 hours lecture per term. This Honors-enhanced course presents a scientific survey of the sub-field of psychology that seeks to understand the nature, causes, and influences of the social context upon the individual and of the individual upon the social context. Students will be exposed to basic theories, concepts, and empirical findings in such areas as social perception, social cognition, prejudice, discrimination, interpersonal attraction, conformity and obedience, by-stander effects, social aggression, group dynamics, attribution theory, and development of self in the social setting. (Degree Credit) (CSU) (UC) AA GE, CSU GE, IGETC (C-ID: PSY 170)

**PSY 299 F Psychology Independent Study - Advanced****1 Unit**

54 hours independent study per term. This course is offered for students who wish to increase their knowledge of the research process and literature reviews through individual study and small group conferences. Students successfully completing this course will be awarded elective units in the Social Sciences area. Approval of the instructor is required. (Degree Credit) (CSU) (UC)