

DANCE

Division: Physical Education

Division Dean

Dr. David Grossman

Faculty

Melanie Rosa
Kathleen Whalen

- Dance Associate in Arts Degree (<https://catalog.nocccd.edu/fullerton-college/degrees-certificates/dance/dance-associate-arts-degree/>)
- Dance Teaching Certificate (<https://catalog.nocccd.edu/fullerton-college/degrees-certificates/dance/dance-teaching-certificate/>)

DANC 100 F Dance Appreciation **3 Units**
54 hours lecture per term. This course provides exposure to historical and contemporary dance forms and their religious, social, cultural and artistic qualities. The course will include the viewing of video documentation, discussion, research and student presentations. This course is recommended for non-majors. (CSU) (UC) (Degree Credit) AA GE, CSU GE, IGETC

DANC 101 F Introduction to Dance World Cultures **1 Unit**
54 hours lab per term. This course will introduce social, folk, and square dancing from the different cultures of the world. Dance cultures that will be studied will include the dances of: Asia, Africa, Europe, Latin America, Middle East, Mexico, Native American, Polynesia, and Spain. This class will include research and study of the backgrounds of dances and cultures, and will provide opportunities for development of acceptable performance as preparation for more advanced technique courses. (CSU) (UC) (Degree Credit) AA GE, CSU GE

DANC 102 F Conditioning for Dance **2 Units**
18 hours lecture and 54 hours lab per term. This course introduces various types of stretching, strengthening, and body alignment exercises for dance. This course combines techniques and skills from various body therapy programs (e.g., yoga, Pilates, and Gyrokinesis) to enhance flexibility and strength. (CSU) (UC) (Degree Credit) CSU GE

DANC 103 F Dance Technique I **1 Unit**
54 hours lab per term. This course focuses on basic movement techniques to prepare the body for dance. This class also meets the needs of students who are interested in achieving fitness and contouring of the body by the use of dance technique. (CSU) (UC Credit Limitation) (Degree Credit) AA GE, CSU GE

DANC 104 F Dance Technique II **1 Unit**
Prerequisite(s): DANC 103 F with a grade of C or better or instructor approval.
54 hours lab per term. This course provides intermediate movement techniques. This course also meets the needs of students who are interested in achieving fitness and contouring of the body by the use of dance technique. (Degree Credit) (CSU) (UC Credit Limitation) CSU GE

DANC 110 F Ballet Folklorico **1 Unit**
36 hours lab per term. This course is designed to give a general knowledge of the regional dance styles of Mexico and their cultural aspects. Students will be expected to learn various dance steps. (CSU) (UC) (Degree Credit)

DANC 111 F Jazz I **1 Unit**
54 hours lab per term. This course is designed for students to learn basic skills of Jazz Dance with emphasis on body alignment, strength and coordination. AA Dance; Liberal Arts; satisfies PE requirement for General Education. (CSU) (UC) (Degree Credit) AA GE, CSU GE

DANC 112 F Jazz II **2 Units**
Prerequisite(s): DANC 111 F with a grade of C or better.
18 hours lecture and 54 hours lab per term. In this course, students will learn intermediate skills of jazz dance with emphasis on body alignment, strength and coordination. This course includes more advanced work in turns, isolations, and combinations and work with more complex rhythmic elements. (CSU) (UC) (Degree Credit)

DANC 113 F Tap Dance I **1 Unit**
54 hours lab per term. This course is designed to introduce basic tap dance techniques and beginning tap dances and provides an opportunity for the enrolled student to develop increased coordination and rhythm. (CSU) (UC Credit Limitation) (Degree Credit) CSU GE

DANC 114 F Tap Dance II **1 Unit**
Prerequisite(s): DANC 113 F with a grade of C or better
54 hours lab per term. This course provides opportunity for further development of tap dance skills at an intermediate level. Includes some provision for student composition. (CSU) (UC) (Degree Credit)

DANC 115 F Hip Hop Dance I **1 Unit**
54 hours lab per term. This course provides the opportunity for students to learn various forms of beginning Hip Hop dancing including Popping, Locking and Funk style. Students will learn the basic history of hip hop culture. (CSU) (UC) (Degree Credit) CSU GE

DANC 116 F Social Dance **1 Unit**
54 hours lab per term. This course provides the enrolled student exposure to various dance forms. This course is designed for both the non-dancer and the student with dance experience. Examples of dance forms that may be included are: Swing, Salsa, Mambo, Cha-cha, Tango, Waltz, Country Western, and Fox Trot. Also included are historical roots of each form and opportunity for student choreography. (CSU) (UC) (Degree Credit) CSU GE

DANC 119 F Dance for Theatre **1 Unit**
54 hours lab per term. This course provides opportunities to explore various dance styles: ballet, jazz, modern and tap for musical theatre productions. Exposure to choreography for musical theatre and student choreography. (CSU) (UC) (Degree Credit) CSU GE

DANC 120 F Dance History **3 Units**
54 hours lecture per term. In this course, students will study dance forms from primitive to present day with lecture, film, and class discussion. Students will also compare various dance techniques, theories, and personalities who have contributed to the art of dance. (CSU) (UC) (Degree Credit) AA GE, CSU GE, IGETC

DANC 121 F Classical Dance Fundamentals **1 Unit**
54 hours lab per term. This course is designed for the student who has little or no training in classical dance. This course provides instruction in application of the use of the fundamentals of applied biomechanics to achieve classical dance positions and movements. It is designed to instruct the student in the use of the fundamentals of physical movement to achieve maximum physical performance for dance and to assist in preventing injury and creating longevity for the dancer. This course provides instruction in applied biomechanics at the ballet barre, for classical ballet positions, and in use of short sequences of dance combinations and basic turns and leaps for classical dance. (CSU) (UC) (Degree Credit) CSU GE

- DANC 122 F Middle Eastern Dance** **1 Unit**
54 hours lab per term. This course is designed to explore various types of dances that are common in the Middle East (Belly dancing and dabke). Students will acquire movement unique to Middle Eastern dance. (CSU) (UC Credit Limitation) (Degree Credit)
- DANC 130 F Afro-Caribbean Dance** **1 Unit**
54 hours lab per term. This course provides instruction in the dance styles and rhythms of Afro-Caribbean cultures. Different regions of the Caribbean will be explored. (CSU) (UC Credit Limitation) (Degree Credit) CSU GE
- DANC 132 F Flamenco Dance I** **1 Unit**
54 hours lab per term. In this course, students will study basic Flamenco Dance technique and learn movement combinations. This class provides students with the opportunity to develop coordination, rhythm, and performance skills. Some history of Flamenco will be included. (CSU) (UC Credit Limitation) (Degree Credit)
- DANC 140 F Introduction to Ballet** **2 Units**
18 hours lecture and 54 hours lab per term. This course is designed to instruct the beginning ballet student in the fundamentals of ballet technique and terminology. Students will learn basic skills at the barre and center floor with an emphasis on proper alignment. The student will also learn the basic history of ballet as a performing art and will view examples of ballet. (CSU) (UC) (Degree Credit) AA GE, CSU GE
- DANC 141 F Ballet I: Beginning Ballet** **2 Units**
Prerequisite(s): DANC 140 F with a grade of C or better
18 hours lecture and 54 hours lab per term. In this course students will elaborate on basic ballet skills, adding new vocabulary and movements. Emphasis will be on developing alignment, strength, flexibility, balance and coordination. Students will learn about the historical context of the art form and its roots in Western culture. (CSU) (UC) (Degree Credit) AA GE, CSU GE
- DANC 142 F Ballet II: Advanced Beginning Ballet** **2 Units**
Prerequisite(s): DANC 141 F with a grade of C or better
18 hours lecture and 54 hours lab per term. In this course students will learn advanced beginning ballet technique with an emphasis on developing performance skills, self-expression and musicality. Students will practice increasingly complex connecting combinations that challenge body stability and control. Students will learn about the evolution of ballet in the twentieth century and its influence on other forms of dance. (CSU) (UC) (Degree Credit) AA GE, CSU GE
- DANC 143 F Ballet III: Intermediate Ballet** **2 Units**
Prerequisite(s): DANC 142 F with a grade of C or better
18 hours lecture and 54 hours lab per term. This course will challenge the student with intermediate level ballet steps and sequences. Emphasis will be on advancing technique for jumps and turns, performance skills, and self-expression. Students will use intermediate level steps and skills to compose short ballet sequences with attention on aesthetic choices. Students will explore different styles of contemporary ballet and significant contemporary ballet choreographers. (CSU) (UC) (Degree Credit) CSU GE
- DANC 150 F Commercial Dance** **1 Unit**
54 hours lab per term. This course will focus on contemporary dance styles made popular from the television, film and video industry. Students will learn and create stylized commercial dance movement combinations using a variety of popular music. (CSU) (UC Credit Limitation) (Degree Credit)
- DANC 151 F Latin Jazz** **1 Unit**
54 hours lab per term. In this course, students will study and learn basic skills of Latin Jazz dance and styles inherent in Jazz and Afro-Caribbean dance and Latin Popular rhythms such as Cha Cha, Mambo, Salsa, Merengue, Bolero, Cumbia, and Corridos. Students will learn Latin Jazz combinations. (CSU) (UC) (Degree Credit)
- DANC 160 F Introduction to Modern Dance** **2 Units**
18 hours lecture and 54 hours lab per term. This course is an introduction to modern dance. Students will learn the basic vocabulary and movements of modern dance with an emphasis on body and spatial awareness, alignment, locomotor skills, and conditioning the body. Students will also learn about the history of modern dance as a performing art and will view examples of modern dance in class. (CSU) (UC) AA GE, CSU GE
- DANC 161 F Beginning Modern Dance (formerly DANC 107 F)** **2 Units**
Prerequisite(s): DANC 160 F with a grade of C or better
18 hours lecture and 54 hours lab per term. This course is designed to build on the basics of modern dance adding new vocabulary and movements. Emphasis will be on alignment, strength, flexibility, balance and coordination. Students will learn about the historical context of the art form and its roots in Western culture. (CSU) (UC) (Degree Credit) AA GE, CSU GE
- DANC 162 F Advanced Beginning Modern Dance (formerly DANC 108 F)** **2 Units**
Prerequisite(s): DANC 161 F with a grade of C or better
18 hours lecture and 54 hours lab per term. This course expands upon the foundations of modern dance technique with an emphasis on performance skills, self-expression, and musicality. Students will practice increasingly complex connecting combinations challenging kinesthetic abilities. Students will learn about the evolution of modern dance in the twentieth century and its roots in United States culture. (CSU) (UC) (Degree Credit) AA GE, CSU GE
- DANC 163 F Intermediate Modern Dance** **2 Units**
Prerequisite(s): DANC 162 F with a grade of C or better
18 hours lecture and 54 hours lab per term. This course will present intermediate level modern dance technique, challenging skills with increasingly complex movement patterns and physicality. Emphasis will be on developing creative skills and generating interpretive dance phrases. Students will learn about contemporary modern dance choreographers. (CSU) (UC) (Degree Credit) AA GE, CSU GE
- DANC 200 F Dance Appreciation: A Classical Ballet Retrospective** **3 Units**
54 hours lecture per term. This course is designed to expose the student to the performance of classical ballet by major dance companies from around the world and historical artists in performance. This course examines the thematic material of individual ballets, the era from which they came, the history of the choreographers, and the influences of society on ballet. (CSU) (UC) (Degree Credit) AA GE, CSU GE, IGEC
- DANC 202 F Dance Composition/Choreography** **3 Units**
36 hours lecture and 54 hours lab per term. This course provides theory and practice of the basic elements of dance composition and also emphasizes problem-solving skills and the craft and creation of movement studies and full-length dances for the individual and/or group. (CSU) (UC) (Degree Credit) CSU GE
- DANC 203 F Dance Production** **2 Units**
Prerequisite(s): Previous dance experience.
108 hours lab per term. This course provides opportunity for creative dance expression. The emphasis of the class is on advanced dance techniques and choreography. Opportunities for public performance are available. Course may be taken four times for credit. (CSU) (UC Credit Limitation) (Degree Credit)

DANC 204 F Dance Rehearsal and Performance 3 Units

Prerequisite(s): Any previous dance class or instructor approval.

162 hours lab per term. This course provides an opportunity for a student to stage his own choreography or to participate as a dancer in original choreography by a student, faculty or guest artist. This course is a practical experience in choreography, performance and directing. Course may be taken four times for credit. (CSU) (UC) (Degree Credit)

DANC 205 F Dance Ensemble 3 Units

Prerequisite(s): Audition.

36 hours lecture and 54 hours lab per term. This course is a selective dance performing group utilizing advanced resource and movement materials. This class is designed to give the advanced dancer an opportunity for continued performance and growth in dance technique and group repertoire. Students participate in multiple performances on campus and/or venues within the area. This course includes preparing for an audition, designing a resume, and setting goals for future performance opportunities in dance. Field trips may be required. Course may be taken three times for credit. (CSU) (UC) (Degree Credit) CSU GE

DANC 210 F Multicultural Dance in the U.S. Today 3 Units

54 hours lecture per term. This course covers the social and theatrical dances of various countries will be viewed and examined in terms of cultural influences, historical and social origins, and the functions they fulfill for individual artists, their cultures, and society in general. African American, Asian, Hispanic, European and Native American dances, choreographers, and dancers will be studied. The class work will include readings, discussions, group projects, and analysis of dance performances on video and live theater. Attendance at a selected group of performances is required. This course fulfills the Multicultural Education Requirement for graduation. (CSU) (UC) (Degree Credit) AA GE, CSU GE, IGETC, MULT CULT REQ

DANC 214 F Dance Repertory 2 Units

108 hours lab per term. This course provides the opportunity to rehearse and perform works choreographed by faculty and/or artist-in-residence. It is an opportunity to experience professional working conditions and requirements. All phases of the dance concert process from audition to rehearsal to backstage preparation will be covered. (CSU) (UC) (Degree Credit)