

# PSYCHIATRIC TECHNOLOGY (PT)

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## **PT 080 C Selected Topics in Psychiatric Technology 1 Unit**

Term hours: 18 lecture. This course is designed to meet the health science student's need for current topics and issues, updated information in health care, review of specialized subject matter, and/or preparation for health related licensure and certification exams. Content will emphasize clinical application of theoretical principles in the discipline. Resource materials, instructor assessment of individual student knowledge and skills will be utilized. May be taken for credit 4 times. Pass/No Pass/Letter Grade Option.

## **PT 085 C Psychiatric Technician - Work Experience 1-4 Units**

**Prerequisite(s):** Concurrent enrollment in Psychiatric Technician program  
Term hours: 18 lecture and 80 hours (minimum) related employment. This course provides practical work experience for students caring for individuals with developmental disabilities in community settings. May be taken for credit 4 times. Pass/No Pass/Letter Grade Option.

## **PT 090 C Leadership Supervision and Ethics 0.5 Units**

**Prerequisite(s):** PT 130 C with a grade of C or better.  
Corequisite: Completion of or concurrent enrollment in PT 135 C. Term hours: 9 lecture. This course defines the leadership and supervisory roles of the mental health professional with focus on the ethical considerations surrounding work with persons diagnosed with intellectual disabilities and mental illness.

## **PT 110 C Nursing Science I 7 Units**

**Prerequisite(s):** Acceptance into the Psychiatric Technology Program  
Term hours: 90 lecture and 144 laboratory. This course presents the fundamental concepts and scientific principles of nursing care. It begins to prepare students for the safe administration of medications by introducing them to the modern systems of measurement. Principles discussed in lecture will be applied in the clinical setting. (CSU)

## **PT 115 C Nursing Science II 7 Units**

**Prerequisite(s):** Completion of or concurrent enrollment in PT110 C with a grade of C or better.  
Term hours: 90 lecture and 144 laboratory. This course explores the disease process of medical/surgical conditions relative to etiology, pathology, and treatment modalities. The therapeutic use of medication, the principles of nutrition, and the application of the nursing processes are presented in classroom instruction and implemented in clinical practice. (CSU)

## **PT 120 C Developmental Disabilities I 7 Units**

**Prerequisite(s):** PT 115 C with a grade of C or better.  
Term hours: 90 lecture and 144 laboratory. This course explores the theory and principles directly related to the delivery of care and services to persons with intellectual/developmental disabilities in the school setting and vocation education classroom setting in California. Students learn how to teach self-help and independent living skills to persons with intellectual/developmental disabilities. (CSU)

## **PT 125 C Developmental Disabilities II 7 Units**

**Prerequisite(s):** PT 120 C with a grade of C or better.  
Term hours: 90 lecture and 144 laboratory. This course focuses on the cause and treatment of behavioral disorders in persons diagnosed with developmental disabilities. The theory and application of behavior assessment and intervention techniques is stressed. Behavioral assessment, teaching strategies, pharmacological interventions and special dietary needs are also covered. (CSU)

## **PT 130 C Mental Disabilities I 7 Units**

**Prerequisite(s):** PT 125 C with a grade of C or better.  
Term hours: 90 lecture and 144 laboratory. This course introduces the theory, psychological and mental health concepts of psychiatric nursing while exploring the causes and treatments of mental illness in chronically hospitalized and forensic individuals. Students are tasked with caring for a client diagnosed with a mental illness or developmental disability at the tertiary level of intervention with emphasis placed on assessment, intervention and valid rationale for treatment of long term mental illness. Fee for fingerprinting not to exceed \$100. (CSU)

## **PT 135 C Mental Disabilities II 7 Units**

**Prerequisite(s):** PT 130 C with a grade of C or better.  
Term hours: 90 lecture and 144 laboratory. This course prepares the student to intervene at the primary and secondary levels of treatment in the care of individuals with mental disabilities. Primary interventions include prevention of mental disabilities through the education of individuals at risk, while secondary interventions are aimed at identified clients during periods of increased stress. (CSU)