

ESL MILESTONE CERTIFICATE: PATHWAY TO KINESIOLOGY AND PUBLIC HEALTH

Division: Language Arts

PROGRAM CODE: 1C37708NA

Financial Aid Eligible

The **ESL Milestone Certificate: Pathway to Kinesiology and Public Health** is designed to prepare English Language learners (ELLs) for the academic rigor of degree-applicable coursework in various academic pathways. Students completing these certificates have achieved academic English reading and writing skills at an advanced, post-secondary level; they have also achieved success in prerequisite or introductory coursework in a variety of degree, certificate, or general education patterns. These two elements combine to demonstrate significant achievement of a milestone along their pathways to Kinesiology degrees, certificates, or transfer. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 18 units.

| Code | Title | Units |
|--|---|----------|
| Complete the Required ESL courses listed in sequence (15 units): | | |
| ESL 107 C | High-Intermediate Academic Reading and Writing (formerly ESL 183 C) | 5 |
| ESL 108 C | Explor Cult through Acd Dic 1 | 5 |
| ESL 109 C | Explor Cult through Acd Dic 2 | 5 |
| Select One Pathway (3 units): | | 3 |
| For the AA-T in Kinesiology or AA Degree in Kinesiology Pathway, complete one of the following courses (3 units) | | |
| KIN 230 C | Introduction to Kinesiology (formerly PE 252 C) | 3 |
| KIN 235 C | First Aid, CPR and Emergencies (formerly PE 235 C) | 3 |
| OR | | |
| For the Fitness Specialist Certificate, Aquatics Specialist Certificate, or Athletic Coach Certificate Pathway, complete the following course (3 units) | | |
| KIN 235 C | First Aid, CPR and Emergencies (formerly PE 235 C) | 3 |
| OR | | |
| For the AS-T in Public Health Pathway or Community Health Worker Certificate, complete one of the following courses (3 units): | | |
| PHS 280 C | Introduction to Public Health | 3 |
| or PHS 280HC | Honors Intro to Public Health | |
| PHS 284 C | Contemporary Personal Health | 3 |
| OR | | |
| For the Recreation Assistant Certificate Pathway, complete one of the following courses (3 units). | | |
| KIN 235 C | First Aid, CPR and Emergencies (formerly PE 235 C) | 3 |
| REC 100 C | Foundations of Recreation and Leisure Services | 3 |

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| REC 101 C | Principles of Community Recreation | 3 |
| REC 102 C | Rec. Sport Lead. & Dev. Grps | 3 |
| Total Units | | 18 |

Program Student Learning Outcomes:

OUTCOME 1: Acquire the knowledge and skills, including academic English-language reading and writing at a post-secondary level, an overview of the kinesiology, recreation, first aid, CPR, emergencies, public and personal health, necessary for college coursework towards degree, certificate, or transfer in Kinesiology and Public Health.

https://www.curricunet.com/Cypress/reports/program_report.cfm?programs_id=1650