

ESL MILESTONE CERTIFICATE: PATHWAY TO KINESIOLOGY AND PUBLIC HEALTH

REC 100 C	Foundations of Recreation and Leisure Services	3
REC 101 C	Principles of Community Recreation	3
REC 102 C	Recreation Leadership and Diverse Groups	3
Total Units		18

Division: Language Arts

Requirements

PROGRAM CODE: 1C37708NA

The **ESL Milestone Certificate: Pathway to Kinesiology and Public Health** is designed to prepare English Language learners (ELLs) for the academic rigor of degree-applicable coursework in various Guided Pathways. Students completing these certificates have achieved academic English reading and writing skills at an advanced, post-secondary level; they have also achieved success in prerequisite or introductory coursework in a variety of degree, certificate, or general education patterns. These two elements combine to demonstrate significant achievement of a milestone along their pathways to Kinesiology degrees, certificates, or transfer. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 18 units.

Code	Title	Units
Required ESL courses listed in suggested sequence (15 units):		
ESL 107 C	High-Intermediate Academic Reading and Writing (formerly ESL 183 C)	5
ESL 108 C	Advanced Academic Reading and Writing I (formerly ESL 184 C)	5
ESL 109 C	Advanced Academic Reading and Writing II (formerly ESL 185 C)	5
Select One Pathway (3 units):		3
For the AA-T in Kinesiology or AA Degree in Kinesiology Pathway, complete one of the following (3 units):		
KIN 230 C	Introduction to Kinesiology (formerly PE 252 C)	3
KIN 235 C	First Aid, CPR and Emergencies (formerly PE 235 C)	3
For the Fitness Specialist Certificate, Aquatics Specialist Certificate, or Athletic Coach Certificate Pathway, complete the following (3 units):		
KIN 235 C	First Aid, CPR and Emergencies (formerly PE 235 C)	3
For the AS-T in Public Health Pathway or Community Health Worker Certificate, complete one of the following courses (3 units):		
PHS 280 C	Introduction to Public Health (formerly KIN 280 C)	3
or PHS 280HC	Honors Introduction to Public Health (formerly KIN 280HC)	
PHS 284 C	Contemporary Personal Health (formerly KIN 284 C)	3
For the Recreation Assistant Certificate Pathway, complete one of the following (3 units):		
KIN 235 C	First Aid, CPR and Emergencies (formerly PE 235 C)	3