

AQUATICS SPECIALIST CERTIFICATE

Division: Kinesiology

Requirements

PROGRAM CODE: 1C07829

The **Aquatics Specialist Certificate** prepares the student for occupational competency in swimming instruction as recommended by the state of California and the American Red Cross. Course work in KIN 235 C, KIN 255 C, and KIN 256 C may be waived with current Red Cross cards in First Aid and CPR, Life Guarding and Water Safety Instruction at the discretion of the division. To earn a certificate, complete the required courses as listed with a grade of C or better. At least 50% of all course work must be completed at Cypress College. This certificate requires a total of 16 units.

Code	Title	Units
Required Courses (5 units):		
KIN 112 C	Swimming - Intermediate-Advanced (formerly PE 135 C)	1
KIN 235 C	First Aid, CPR and Emergencies (formerly PE 235 C)	3
KIN 255 C	Lifeguarding (formerly PE 237 C)	1
Elective Courses (11 units):		
KIN 110 C	Surfing (formerly PE 122 C)	0.5-1
KIN 114 C	Springboard Diving (formerly PE 136 C)	0.5-1
KIN 115 C	Springboard Diving - Intermediate - Advanced	0.5-1
KIN 116 C	Swim for Fitness (formerly PE 149 C)	0.5-1
KIN 117 C	Water Aerobics (formerly PE 151 C)	0.5-1
KIN 192 C	Water Polo (formerly PE 146 C)	0.5-1
KIN 236 C	Athletic Injuries-Prevention and Care (formerly PE 236 C)	3
KIN 247 C	Sports Management (formerly PE 247 C)	3
KIN 248 C	Psychology of Sport (formerly PE 248)	3
KIN 256 C	Water Safety Instruction (formerly PE 238 C)	2
REC 102 C	Recreation Leadership and Diverse Groups	3
REC 106 C	Outdoor Recreation and Camp Counseling	3
KIN 295 C	Kinesiology - Internship Seminar	3
Total Units		16