

KINESIOLOGY

Division: Kinesiology

Division Dean

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Kinesiology Transfer Program

Students should consult a counselor or www.assist.org for lower division major requirements for most California public universities. (See the Standard Definitions section of the catalog for a description of ASSIST.) Students transferring to an independent college/university should consult the catalog of the individual school and a counselor for lower division major requirements.

Aquatics Specialist Certificate

Athletic Coach Certificate

Fitness Specialist Certificate

Kinesiology Associate in Arts Degree

Kinesiology Associate in Arts Degree for Transfer

Yoga Teacher Training (200-hour) Certificate

Integrative Health and Wellness Studies Associate in Science Degree

Community Health Worker Certificate

Public Health Associate in Science Degree for Transfer

Recreation Assistant Certificate

Sport Management Certificate

At Cypress College, there are Department Program Student Learning Outcomes and Degree & Certificate Program Student Learning Outcomes.

Department Program Student Learning

Outcomes:

The courses taught by this department contribute to the following ISLO/PSLOs: A-Breadth of Knowledge, Competencies, and Skills, B-Communication Skills, C-Critical Thinking, Problem Solving, and Information Competency Skills, and D-Personal, Academic, and Professional Development; specifically, the following ISLO/PSLO subcategories: A1-Kinesiology and Athletics, B1-Reading, B2-Writing, B3-Communicating, B4-Presenting, C1-Analysis, C2-Computation, C3-Research, C4-Problem Solving, C5-Technology, D1-Personal Responsibility, D2-Global Citizenship, and D3-Equity.

Students who complete the Kinesiology program, students will be able to:

- Identify various career opportunities within the field of kinesiology.
- Demonstrate an understanding of the anatomical structure and physiological function of the body at rest and in human performance.
- Apply the principles of physical fitness development and maintenance as well as the body's responses to physical activity.
- Recognize factors instrumental in the development and performance of motor skills.
- Demonstrate an understanding of the value and significance of physical activity for human development, human interactions and quality of life.
- Display leadership, effective communication, and skill set related to the field.
- Appreciate and endorse the value of lifelong fitness.

Upon completion of the Public Health Science program, students will be able to:

- Describe the core functions of public health.
- Identify various career opportunities within the field of public health.
- Apply critical analysis skills to contemporary health issues.
- Assess the fundamental characteristics and organizational structures of the U.S. Health system and note significant differences in systems in other countries.
- Discuss the role of community engagement in promoting public health and social justice.
- Describe risk factors and modes of transmissions for infectious and chronic diseases and how these diseases affect both personal and public health.
- Appreciate the multiple determinants of health, including sociological, economic, genetic, behavioral, environmental, and other factors that impact human health and health disparities.
- Apply the basic concepts, methods, and tools of public health data collection, use, and analysis and explain why evidence-based approaches are an essential part of public health practice.
- Endorse lifestyle behaviors that promote individual and public health and well-being.
- Value multicultural perspectives and sensitivities on health.

Degree & Certificate Program Student Learning

Outcomes:

The program student learning outcomes for each award can be found on the specific degree or certificate page.