

CSU GENERAL EDUCATION BREADTH REQUIREMENTS

Students wishing to transfer to California State Universities should follow this plan.

Requirements for graduation from the California State University System include completion of specific courses in general education. Cypress College is permitted to certify that a student has satisfied the lower division 39-unit general education requirements established by the California State University System.

Under the provisions of Title 5 and Executive Order 1065, regionally accredited colleges and universities may certify one or more subject areas for students being admitted to the CSU system, a.k.a. partial certification. Students admitted to a CSU campus with subject area or partial certification should not be held to completing additional courses for the areas already certified.

In order to be partially certified, Cypress College students must complete all the CSU lower-division General Education Breadth Requirements in a specific area. Students who have completed courses at other regionally accredited colleges and universities may “pass along” those courses for either partial or full certification at Cypress College. To meet general education requirements and obtain full certification, students must complete the pattern of courses in the five categories listed.

Students should apply for certification during or after the semester in which they are completing General Education Breadth Requirements. Students are advised to request certification prior to enrolling at the university due to varying CSU campus partial certification policies that may prohibit the certification from being granted.

CSU Certification policy specifies that a course or sequence of courses used to satisfy a requirement in one area, may not be used to satisfy a requirement in another area. Students should talk to a counselor for more information. Some state universities will also not allow students to count courses in their major field as part of general education requirements.

Courses on this list are approved by the CSU Chancellor’s Office for a specific academic year; that is, a course must be on the list when the course is taken in order to be certified. Check with a counselor and review the catalog of the individual state university for further clarification.

Apply for GE certification through the Admissions and Records Office or online at www.CypressCollege.edu during the semester in which requirements will be completed or thereafter. Note: Students applying for completion of an approved Associate Degree for Transfer at Cypress College requiring CSU GE and/or IGETC do not need to apply.

The courses on the following CSU GE Breadth Requirements page are approved for the current academic year. Check with a counselor or www.assist.org for the most recent list of approved courses.

NOTE: Independent universities or out of state universities may accept the CSU GE pattern. Check with the individual university and your counselor to verify.

CSU GE Breadth for STEM Majors

Per CSU Executive Order 1100, students pursuing certain Associate Degrees for Transfer may be eligible to take GE Breadth for STEM, deferring two lower-division GE courses until after transfer. GE Breadth for STEM is

applicable only to majors in which the Transfer Model Curriculum explicitly indicates the availability of the option. **Note: As of Fall 2016, only the Biology ADT (not currently offered at Cypress) and Chemistry ADT (active Fall 2016) have this option.**

California Colleges preparing a “CSU GE Breadth for STEM” certification as part of an Associate Degree for Transfer should ensure that the student has completed:

1. All courses in Areas A, B, and E of the traditional GE Breadth curriculum; and
2. One course in Area C1 Arts and one course in Area C2 Humanities; and
3. Two courses in Area D from two different disciplines

Therefore, a student can defer completion of one course in Area C and one in Area D for after transfer. See a counselor for details.

CSU GE Breadth Certificate of Achievement

To find out more about transfer certificates see Certificate of Achievement program information located under Programs of Study in this catalog.

Code	Title	Units
A. ENGLISH LANGUAGE COMMUNICATION AND CRITICAL THINKING Requirement: Must include a minimum of 3 units from each area. All courses in this category must be completed with a grade of C or better.		
<i>A1 - Oral Communication</i>		
COMM 100 C	Human Communication ¹	3
	or COMM 100HC Honors Human Communication	
COMM 110 C	Mediated Oral Communication (beg F '20)	3
<i>A2 - Written Communication</i>		
ENGL 100 C	College Writing	4
	or ENGL 100HC Honors College Writing	
ENGL 101 C	Enhanced College Writing (beg F '20)	5
ESL 110 C	Coll Comp for Non-Native Spkr (beg F'20)	5
<i>A3 - Critical Thinking</i>		
OPTION 1: 3-4 UNITS		
COMM 135 C	Argument and Critical Thinking	3
ENGL 103 C	Critical Reasoning and Writing	4
	or ENGL 103HC Honors Critical Reason Wrtg	
ENGL 104 C	Critical Analysis and Literature	4
	or ENGL 104HC Honors Critical Analysis and Literature	
PHIL 170 C	Logic and Critical Thinking (beg F '20)	3
	or PHIL 170HC Honors Logic and Crit Thinking	
PHIL 172 C	Critical Thinking and Writing	3
PHIL 175 C	Symbolic Logic	3
OPTION 2: 3-4 UNITS		
Courses can be taken individually or a combination but must total 3 units to receive full area credit)		
COMM 138 C	Forensics	1-2
COMM 238 C	Forensics	1-2

B. SCIENTIFIC INQUIRY AND QUANTITATIVE REASONING **9 Unit**
Requirement: Must include one course from Physical Science **Minimum**
AND one course from Life Science AND one course from
Mathematics. One of the science courses must include a
corresponding laboratory experience.

B1/B3 - Physical Science with Lab:

ASTR 116 C & ASTR 117 C	Introduction to Astronomy and Astronomy Lab ¹	4
ASTR 116HC & ASTR 117HC	Honors Intro to Astronomy and Honors Astronomy Lab ¹	4
CHEM 100 C	Chemistry for Daily Life	4
CHEM 101 C	Chem for Health Sci Majors I	4.5
CHEM 104 C	Physical Science for Teachers	4
CHEM 107 C	Preparation for General Chem	5
CHEM 111AC	General Chemistry I	5
CHEM 111BC	General Chemistry II	5
CHEM 201 C	Chem for Health Sci Majors II (beg F'13)	4.5
GEOG 102 C & GEOG 102LC	Physical Geography and Physical Geography - Lab	4
GEOL 100 C & GEOL 101 C	Physical Geology and Physical Geology Laboratory ¹	4
GEOL 100HC & GEOL 101 C	Honors Physical Geology and Physical Geology Laboratory ¹	4
GEOL 100 C & GEOL 115 C	Physical Geology and Physical Geology Field Lab ¹	4
GEOL 100HC & GEOL 115 C	Honors Physical Geology and Physical Geology Field Lab ¹	4
GEOL 103 C	Historical Geology	4
GEOL 105 C	Earth Science for Teachers	4
GEOL 130 C & GEOL 131 C	Introduction to Oceanography and Introduction to Oceanography Lab	4
PHSC 104 C	Physical Science for Teachers	4
PHYS 130 C	Elementary Physics	4
PHYS 201 C	College Physics I	4
PHYS 202 C	College Physics II	4
PHYS 210 C	Physics for Life Sciences I	4
PHYS 211 C	Physics for Life Sciences II	4
PHYS 221 C	General Physics I	4
PHYS 222 C	General Physics II	4
PHYS 223 C	General Physics III	4

B2/B3 - Life Sciences with Lab

ANTH 101 C	Biological Anthropology ¹	3
or ANTH 101HC	Honors Biological Anthropology	
ANTH 101LC	Biological Anthropology Lab	1
BIOL 101 C	General Biology ¹	4
or BIOL 101HC	Honors General Biology	
BIOL 122 C	Marine Biology	4
BIOL 135AC	Prin 1 - Cell & Molecular Bio.	5
BIOL 135BC	Prin. 2: Organismal Biology	5
BIOL 210 C	Anatomy and Physiology	5
BIOL 220 C	Medical Microbiology (beg F'19)	4
BIOL 231 C	General Human Anatomy (beg S'06)	4
BIOL 241 C	General Human Physiology (beg S'06)	4

B1 - Physical Sciences without Lab:

ASTR 116 C	Introduction to Astronomy ¹	3
or ASTR 116HC	Honors Intro to Astronomy	
CHEM 103 C	Chemistry and Society	3
BIOL 103 C	Environmental Science (beg F22)	3
GEOG 102 C	Physical Geography	3
GEOG 140 C	Weather and Climate (beg F'13)	3
GEOL 100 C	Physical Geology ¹	3
or GEOL 100HC	Honors Physical Geology	
GEOL 104 C	Geology of National Parks (begin F22)	3
GEOL 120 C	Geology of California	3
GEOL 125 C	Natural Disasters	3
GEOL 130 C	Introduction to Oceanography	3
GEOL 190 C	Environmental Geology	3

B2 - Life Science without Lab

ANTH 101 C	Biological Anthropology ¹	3
or ANTH 101HC	Honors Biological Anthropology	
ANTH 210 C	Intro to Forensic Anthropology (beg F'16)	3
BIOL 102 C	Human Biology	3
BIOL 103 C	Environmental Science (end F22)	3
BIOL 160 C	Integrated Medical Science (beg F'21)	3
BIOL 277 C	Genetics (beg F'15)	3
BIOL 278 C	Molecular Biology (beg F'15)	4
PHS 107 C	Nutrition and World Food Issue	3
PSY 221 C	The Brain and Behavior (beg F'18) ²	3

**B4 - Mathematics and Quantitative Reasoning (grade of C or better required):*

MATH 100 C	Liberal Arts Mathematics	3
MATH 110 C	Math for Prospective Teachers	4
or MATH 110PC	Math for Prospective Teachers	
MATH 115 C	Finite Mathematics	4
or MATH 115PC	Finite Mathematics	
MATH 120 C	Intro Probability Statistics ¹	4
or MATH 120PC	Intro to Probability and Stats	
MATH 126 C	Intro. to Prob. & Stat w/ Tech	4
MATH 130 C	Survey of Calculus	4
or MATH 130PC	Survey of Calculus	
MATH 141 C	College Algebra	4
or MATH 141PC	College Algebra	
MATH 142 C	Trigonometry	4
MATH 150AC	Calculus I	4
MATH 150BC	Calculus II	4
MATH 150PC	Calculus I	4
MATH 220 C	Intro. to Data Science with R	4
MATH 250AC	Multivariable Calculus	4
MATH 250BC	Linear Algebra and Differential Equations	5
PSY 161 C	Probability & Stats-Social Sci ¹	4
or PSY 161HC	Honors Prob Stats-Soc Sci	
SOC 161 C	Probability & Stats-Social Sci ¹	4
or SOC 161HC	Honors Prob & Stats-Soc Sci	

C. ARTS AND HUMANITIES Requirement: Must include at least **9 Unit**
one course from C1, one course from C2, and one additional **Minimum**
course from either C1 or C2.

C1 - Arts

ART 100 C	Fndmtls of Art for Non-Art Mjs	3	MUS 282 C	Cypress Masterworks Chorale (end SU'12)	1
ART 110 C	Introduction to Art	3	PHOT 101 C	Introduction to Photography	3
ART 111 C	Survey of Art History I	3	PHOT 204 C	History of Photography (beg F'18)	3
ART 112 C	Survey of Art History II ¹	3	THEA 100 C	Introduction to the Theatre	3
or ART 112HC	Honors Survey of Art History II		THEA 102 C	World Theatre History (F95-F10; beg F'13)	3
ART 114 C	Modern Art History	3	THEA 105 C	Musical Theatre History	3
ART 116 C	Arts of Africa, Oceania and Indigenous North America (beg F'20)	3	THEA 107 C	Diversity in American Theatre ^{1,3}	3
ART 120 C	Two-Dimensional Design	3	or THEA 107HC	Honors Diversity in Amer. Tht	
ART 150 C	Ceramics Handbuilding	3	THEA 120 C	Acting I	3
ART 151 C	Ceramics Throwing	3	THEA 121 C	Dynamic Movement for the Stage	2
ART 182 C	Beginning Drawing	3	THEA 126 C	Musical Theatre Techniques I	3
ART 194 C	Beginning Painting (formerly ART 189 C)	3	THEA 129 C	Voice and Diction	3
ART 216 C	Latin American Art (beg F'10)	3	THEA 132 C	Musical Theatre Performance I	2-3
ENGL 125 C	The Film	3	THEA 133 C	Rehearsal Performance I	2-3
DANC 101 C	Multicultural Dance in the US ³	3	THEA 145 C	Costume Design for Theatre	3
DANC 105 C	Ballet I (end SU'12)	2	THEA 149 C	Stage Crew I - Running	1-2
DANC 106 C	Ballet II (end SU'12)	2	C2 - Humanities		
DANC 107 C	Modern Dance I (end SU'12)	2	ANTH 105 C	Introduction to Linguistic Anthropology (F'18)	3
DANC 108 C	Modern Dance II (end SU'12)	2	ANTH 107 C	Magic Witchcraft and Religion ²	3
DANC 109 C	Dance Improvisation (end SU'12)	2	CHIN 101 C	Elementary Chinese-Mandarin I	5
DANC 111 C	Jazz Dance I (end SU'12)	2	CHIN 102 C	Elementary Chinese-Mandarin II	5
DANC 112 C	Jazz Dance II (end SU'12)	2	CHIN 203 C	Intermediate Chinese-Mandarin III	5
ENGL 125 C	The Film (beg F'99) ²	3	CHIN 204 C	Intermediate Chinese-Mandarin IV (beg F'20)	4
or ENGL 125HC	Honors Film		COMM 220 C	The Rhetoric of the City	3
MAD 110 C	Animation History Technology (beg F'19)	3	or COMM 220HC	Honors Rhetoric of the City	
MAD 122 C	History of Graphic Design (beg F'20)	3	ENGL 102 C	Introduction to Literature ¹	3
MAD 126 C	Crime Film Genre (beg F'21)	3	or ENGL 102HC	Honors Intro to Literature	
MAD 127 C	Fantasy Film Genre (beg F'21)	3	ENGL 110 C	Humanities - Ancient and Medieval ¹	3
MAD 128 C	Comedy Film Genre (beg F'21)	3	ENGL 111 C	Humanities - Renaissance - Present (same as INDS 101 C) ¹	3
MAD 129 C	Musical Film Genre (beg F'21)	3	ENGL 127 C	Intro to Poetry Writing	3
MAD 131 C	Introduction to Media (formerly MM 105 C) (beg F'21)	3	ENGL 128 C	Intro to Short Story Writing (beg F'20)	3
MAD 191 C	Film Noir Genre (beg F'19)	3	ENGL 130 C	Intro to Creative Nonfic Wrtg (beg F'20)	3
MAD 192 C	Great Directors of Cinema (beg F'19)	3	ENGL 208 C	Asian American Literature ³	3
MAD 195 C	Science Fiction Film Genre (beg F'19)	3	ENGL 211 C	English Literature to 1760	3
MAD 196 C	Silent Film Genre (beg F'15)	3	ENGL 212 C	English Literature Since 1760	3
MAD 197 C	Western Film Genre (beg F'19)	3	ENGL 221 C	American Literature to 1865	3
MAD 198 C	Horror Film Genre (beg F'18)	3	ENGL 222 C	American Literature Since 1865	3
MUS 101 C	Music Fundamentals	3	ENGL 223 C	World Literature to 1650 (beg F'20)	3
MUS 103 C	Theory I (end F'17)	3	ENGL 224 C	World Literature Since 1650 (beg F'20)	3
MUS 113 C	Jazz History ³	3	ENGL 234 C	Shakespeare ¹	3
MUS 114 C	History of Hip Hop - Rap (beg F'20)	3	or ENGL 234HC	Honors Shakespeare	
MUS 116 C	Music Appreciation	3	ENGL 239 C	Survey - Children's Literature ³	3
MUS 117 C	American Popular Music	3	ENGL 243 C	Mythology	3
MUS 118 C	Introduction to Opera ¹	3	ENGL 248 C	Science Fiction (beg F'18)	3
or MUS 118HC	Honors Introduction to Opera		ENGL 249 C	Fantasy Fiction (beg F'20)	3
MUS 119 C	History of Rock Music (beg F'01)	3	ENGL 250 C	Latino-a-x Literature (beg F'20)	3
MUS 120 C	Survey of Music History	3	ENGL 255 C	African-American Literature I ³	3
MUS 127 C	Music in Film	3	ENGL 256 C	African-American Literature II ³	3
MUS 143 C	Beginning Strings (end SU'12)	1	ENGL 260 C	Survey of Arabic Literature (in translation)	3
MUS 146 C	Woodwind Class (end SU'12)	1	or ENGL 260HC	Honors Survey of Arabic Literature	

ESL 108 C	Expl Culture thru Acad Disc 1 (beg F'20)	5	LING 101 C	Introduction to Language (beg F'21)	3
ESL 109 C	Expl Culture thru Acad Disc 2 (beg F'20)	5	PHIL 100 C	Introduction to Philosophy ¹	3
ETHS 101 C	American Ethnic Studies (beg F'19) ^{1,3}	3	or PHIL 100HC	Honors Intro to Philosophy	
or ETHS 101HC	Honors American Ethnic Studies		PHIL 101 C	Intro to Religious Studies	3
ETHS 129 C	Intro to African Amer Studies (beg F19) ²	3	or PHIL 101HC	Honors Intro. to Religion	
ETHS 130 C	African-American History I (beg F'03) ²	3	PHIL 105 C	World Religions (beg F'20)	3
ETHS 131 C	African-American History II ^{2,3}	3	PHIL 110 C	Religions of the East	3
ETHS 150 C	Intro to Chicana-o-x Studies (beg F'19) ²	3	PHIL 120 C	Religions of the West	3
ETHS 151 C	Chicana-o-x History I ^{2,3}	3	PHIL 135 C	Social and Political Philosophy	3
ETHS 152 C	Chicana-o-x History II ⁴	3	PHIL 160 C	Introduction to Ethics	3
ETHS 159 C	Intro to Native Amer Studies (beg F'20) ^{2,3}	3	PHIL 162 C	Contemporary Moral Issues (beg F'21)	3
ETHS 160 C	Native American History I ⁴	3	PHIL 201 C	History of Ancient Philosophy (beg S'05)	3
ETHS 161 C	Native American History II (beg F'20) ^{2,3,4}	3	PHIL 202 C	History of Modern Philosophy	3
ETHS 170 C	Intro to Asian Pac Am Studies (beg F'20) ^{2,3}	3	PHIL 225 C	The American Religious Exp (beg F'21)	3
ETHS 171 C	Asian Pacific American History ⁴	3	PHIL 230 C	Philosophy of Religion	3
ETHS 202 C	Race, Ethnicity & Pop Culture ^{2,3}	3	PHIL 240 C	Jesus and His Interpreters (beg S'06)	3
FREN 101 C	Elementary French I	5	SPAN 101 C	Elementary Spanish I ¹	5
FREN 102 C	Elementary French II	5	SPAN 102 C	Elementary Spanish II ¹	5
FREN 200 C	Conversational French	2	SPAN 200 C	Conversational Spanish	2
FREN 203 C	Intermediate French III	4	SPAN 201 C	Spanish for Spanish Speakers I	5
FREN 204 C	Intermediate French IV	4	SPAN 202 C	Spanish for Spanish Speakers II	5
HIST 110 C	Western Civilizations I ^{2,3}	3	SPAN 203 C	Intermediate Spanish III	4
or HIST 110HC	Honors Western Civilizations I		SPAN 204 C	Intermediate Spanish IV	4
HIST 111 C	Western Civilizations II ^{1,2}	3	D. SOCIAL SCIENCES Requirement: Students strongly	6	
or HIST 111HC	Honors West. Civilizations II		encouraged to take classes that double-count for CSU graduation	Units	
HIST 112 C	World Civilizations I (beg F'04) ^{1,2}	3	requirements; one from Group A and one from Group B below.		
or HIST 112HC	Honors World Civilizations I		AJ 110 C	Introduction to Criminal Justice	3
HIST 113 C	World Civilizations II ^{1,2}	3	AJ 120 C	Concepts of Criminal Law (beg F'18)	3
or HIST 113HC	Honors World Civilizations II		AJ 160 C	Community and the Justice System (beg F'19) ³	3
HIST 120 C	History of the Holocaust	3	ANTH 102 C	Cultural Anthropology ¹	3
HIST 125 C	U.S. History: Conflict West	3	or ANTH 102HC	Honors Cultural Anthropology	
HIST 160 C	Asian Civilizations I ²	3	ANTH 103 C	Introduction to Archaeology	3
HIST 161 C	Asian Civilizations II ²	3	ANTH 104 C	Comparative Cultures	3
HIST 163 C	History of Mexico ²	3	ANTH 105 C	Introduction to Linguistic Anthropology	3
HIST 165 C	History of the Middle East ²	3	ANTH 106 C	Human Prehistory/Ancient Civi	3
HIST 170 C	History of the United States I (beg F'17) ^{1,2,4}	3	ANTH 107 C	Magic Witchcraft and Religion ²	3
or HIST 170HC	Honors History of the U.S. I		ANTH 121 C	Native North America ³	3
HIST 171 C	History of the United States II (beg F'17) ^{1,2,4}	3	ANTH 208 C	Anthropology of Death (beg F'18)	3
or HIST 171HC	Honors History of the U.S. II		ANTH 212 C	Applied and Practicing Anthropol (beg F'19)	3
HIST 270 C	Women in United States History (beg F'17) ^{1,2,4}	3	ANTH 225 C	Ancient Cultures/Mex/Cent Am	3
HIST 275 C	History of California (beg S'05) ^{2,3}	3	BUS 100 C	Introduction to Business	3
INDS 100 C	Humanities - Ancient and Medieval (same as ENGL 110 C) ¹	3	COMM 105 C	Interpersonal Communication (beg F'19)	3
INDS 101 C	Humanities:Renaissance-Present ²	3	COMM 120 C	Intercultural Communication ³	3
JAPN 101 C	Elementary Japanese I	5	DSST 120 C	The History of Disability U.S.	3
JAPN 102 C	Elementary Japanese II	5	DSST 200 C	Introduction to Disability Studies (begin F22)	3
JAPN 125 C	Japanese Culture through Film	3	ECON 100 C	Principles of Economics-Macro ¹	3
JAPN 200 C	Conversational Japanese	2	or ECON 100HC	Honors Princ of Econ-Macro	
JAPN 203 C	Intermediate Japanese III	4	ECON 105 C	Principles of Economics-Micro ¹	3
JAPN 204 C	Intermediate Japanese IV	4	or ECON 105HC	Honors Princ of Econ - Micro	
KIN 246 C	Sports in Film	3	ECON 110 C	Survey of Economics	3
			ECON 120 C	International Economics (beg F'15)	3

ECON 130 C	Consumer Economics (beg F'21)	3	HIST 275 C	History of California ^{2,3}	3
ETHS 101 C	American Ethnic Studies (beg F'21) ^{1,2,3,4}	3	HS 277 C	Cultur Awareness Health Care ³	3
or ETHS 101HC	Honors American Ethnic Studies		HUSR 200 C	Introduction to Human Services	3
ETHS 129 C	Intro to African Amer Studies (beg F'21) ²	3	INDS 200 C	Introduction to Global Citizenship Studies (beg F'20)	3
ETHS 130 C	African-American History I (beg F'21) ²	3	INDS 201 C	Global Citizenship Issues (beg F'20)	3
ETHS 131 C	African-American History II (beg F'21) ^{2,3,4}	3	JOUR 110 C	Global Media	3
ETHS 150 C	Intro to Chicana-o-x Studies (beg F'21) ²	3	JOUR 118 C	Messages for Electronic Media	3
ETHS 151 C	Chicana-o-x History I (beg F'21) ^{2,3}	3	KIN 248 C	Psychology of Sport (beg F'18)	3
ETHS 152 C	Chicana-o-x History II ⁴	3	KIN 249 C	Sport and United States Society (formerly PE 250 C) (beg F'16)	3
ETHS 153 C	Chicana-o-x & Latina-o-x Cont. (beg F'21) ³	3	PHIL 165 C	Business Ethics	3
ETHS 159 C	Intro to Native Amer Studies (beg F'20) ^{2,3}	3	PHS 280 C	Introduction to Public Health (beg F'21) ¹	3
ETHS 160 C	Native American History I (beg F'21) ^{2,3,4}	3	or PHS 280HC	Honors Intro to Public Health	
ETHS 161 C	Native American History II (beg F'20) ^{2,4,3}	3	PHS 281 C	Health and Social Justice (beg F'21) ^{1,3}	3
ETHS 170 C	Intro to Asian Pac Am Studies (beg F'21) ^{2,3}	3	or PHS 281HC	Honors Health and Social Just	
ETHS 171 C	Asian Pacific American History (beg F'21) ⁴	3	PHS 283 C	Womens Health (beg F'21) ²	3
ETHS 202 C	Race, Ethnicity & Pop Culture (beg F'21)	3	PHS 285 C	Global and Community Health (beg F'21) ²	3
ETHS 235 C	American Racial Liber. Mvmt (beg F'21) ^{2,3}	3	POSC 100 C	United States Government ^{1,4}	3
DSST 200 C	Introduction to Disability Studies	3	or POSC 100HC	Honors U.S. Government	
GEOG 100 C	World Geography ^{1,3}	3	POSC 120 C	Political Theory	3
or GEOG 100HC	Honors World Geography		POSC 200 C	Intro to Political Science	3
GEOG 130 C	California Geography	3	POSC 209 C	Urban Politics ³	3
GEOG 140 C	Weather and Climate (end SU'14)	3	POSC 210 C	Contemporary Political Issues	3
GEOG 160 C	Cultural Geography	3	POSC 215 C	Comparative Politics	3
GEOG 260 C	Economic Geography ^{1,2}	3	POSC 216 C	Politics of the Middle East	3
HIST 110 C	Western Civilizations I ^{1,2}	3	POSC 230 C	International Relations	3
or HIST 110HC	Honors Western Civilizations I		PSY 101 C	Introduction to Psychology ¹	3
HIST 111 C	Western Civilizations II ^{1,2}	3	or PSY 101HC	Honors Intro to Psychology	
or HIST 111HC	Honors West. Civilizations II		PSY 110 C	Applied Psychology	3
HIST 112 C	World Civilizations I ^{1,2}	3	PSY 120 C	Human Sexuality (beg F'19)	3
or HIST 112HC	Honors World Civilizations I		PSY 131 C	Cross-Cultural Psychology (formerly PSY 237 C) (beg F'13) ^{1,3}	3
HIST 113 C	World Civilizations II ^{1,2}	3	PSY 139 C	Developmental Psychology	3
or HIST 113HC	Honors World Civilizations II		PSY 145 C	Child Psychology (beg S'06) ²	3
HIST 120 C	History of the Holocaust	3	PSY 202 C	Research Methods in Psychology (beg F'02)	4
HIST 125 C	U.S. History: Conflict West	3	PSY 221 C	The Brain and Behavior (beg F'02) ²	3
HIST 135 C	History of Africa	3	PSY 222 C	Abnormal Psychology	3
HIST 142 C	History of Latin America I	3	PSY 251 C	Social Psychology	3
HIST 143 C	History of Latin America II	3	PSY 255 C	Psychology of Aging (beg S'06) ^{1,2}	3
HIST 151 C	Survey of British History I	3	SOC 101 C	Introduction to Sociology ¹	3
HIST 152 C	Survey of British History II	3	or SOC 101HC	Honors Introduction to Sociology	
HIST 160 C	Asian Civilizations I ²	3	SOC 102 C	Social Problems (beg F'02)	3
HIST 161 C	Asian Civilizations II ²	3	SOC 125 C	Sociology Research Methods (beg F'20)	3
HIST 163 C	History of Mexico ²	3	SOC 225 C	Sociology of Women ²	3
HIST 165 C	History of the Middle East ²	3	SOC 250 C	Sociology of Aging (beg S'06) ^{1,2}	3
HIST 170 C	History of the United States I ^{1,2,4}	3	SOC 275 C	Marriage and Family	3
or HIST 170HC	Honors History of the U.S. I		SOC 277 C	Sociology of Religion	3
HIST 171 C	History of the United States II ^{1,2,4}	3	SOC 280 C	Media, Culture, and Society (beg F'20)	3
or HIST 171HC	Honors History of the U.S. II		SOC 290 C	Soc of Cont Race Ethnic Rel (beg F'20)	3
HIST 190 C	History of the Americas I (formerly HIST 162AC) ⁴	3	SOC 292 C	Introduction to Criminology (beg S'06)	3
HIST 191 C	History of the Americas II (formerly HIST 162BC) ⁴	3			
HIST 270 C	Women in United States History (beg F'04) ^{1,2}	3			

CSU Graduation Requirement in U.S. History, Constitution, and American Ideals:

NOTE: Double-counting is allowed for these courses in two groups below (with only one G.E. category).

Group A (US-2) U.S. Constitution and Government

POSC 100 C	United States Government ¹	3
or POSC 100HC	Honors U.S. Government	
POSC 250 C	Gender and Politics	3

Group B (US-1) U.S. History

ETHS 101 C	American Ethnic Studies (beg F'04) ^{1,3}	3
or ETHS 101HC	Honors American Ethnic Studies	
ETHS 130 C	African-American History I ³	3
ETHS 131 C	African-American History II ³	3
ETHS 152 C	Chicana-o-x History II (beg F'16) ³	3
ETHS 160 C	Native American History I (beg S'07) ³	3
ETHS 161 C	Native American History II (beg F'20)	3
ETHS 171 C	Asian Pacific American History (begin F22) ³	3
HIST 170 C	History of the United States I ¹	3
or HIST 170HC	Honors History of the U.S. I	
HIST 171 C	History of the United States II ¹	3
or HIST 171HC	Honors History of the U.S. II	
HIST 190 C	History of the Americas I (formerly HIST 162AC)	3
HIST 191 C	History of the Americas II (formerly HIST 162BC)	3

E. LIFELONG UNDERSTANDING AND SELF-DEVELOPMENT **3 Unit Minimum**

NOTE: Some courses below are 1-unit classes and multiples courses may need to be taken to fulfill the area minimum.

CIS 111 C	Computer Information Systems	3
COMM 105 C	Interpersonal Communication	3
COUN 105 C	Stress and Anxiety Management	1
COUN 139 C	Career Exploration (beg F'18)	1
COUN 144 C	Women, Careers & Spec. Issues	2
COUN 145 C	Job Readiness - Career Management	2
COUN 150 C	Academic and Life Success	3
COUN 151 C	Career and Life Planning	3
DANC 100 C	Intro to Dance Appreciation	3
HRC 100 C	Nutrition (beg F'03) ^{1,2}	3
HRC 100HC	Honors Nutrition	3
HUSR 240 C	Drugs and Alcohol in Our Society (begin F22)	3

ALL KINESIOLOGY AND DANCE ACTIVITY CLASSES: Only two (2) units of physical activity may count toward fulfillment of this requirement.

KIN 118 C	Aqua Zumba (begin F22)	0.5-1
KIN 119 C	Aqua Bootcamp (begin F22)	0.5-1
KIN 134BC	Walking for Fitness - Intermediate (begin F22)	0.5-1
KIN 134CC	Walking for Fitness - Advanced (begin F22)	0.5-1
KIN 193BC	Soccer - Intermediate (begin F22)	0.5-1
KIN 150AC	Trail Hiking - Beginning	0.5-1
KIN 150BC	Trail Hiking - Intermediate	0.5-1

KIN 150CC	Trail Hiking - Advanced	0.5-1
KIN 177AC	Beginning Fitness Training	1-2
KIN 177BC	Intermediate Fitness Training	1-2
KIN 195BC	Baseball - Intermediate (begin F22)	0.5-1
KIN 195CC	Baseball - Advanced (begin F22)	0.5-1
KIN 156AC	Fitness First Resp. Beg.	1
KIN 156BC	Fitness First Resp. Interm.	1
KIN 156CC	Fitness First Resp. Advanced	1
KIN 157AC	Tact. Fitness for Law Enforce.	1
KIN 158AC	Tact. Fit. for Fire Fighters	1
KIN 200 C	Athletic Skill Development (begin F22)	0.5-3
KIN 201 C	Athletic Fitness Development (begin F22)	0.5-3
KIN 231 C	Elementary School Movement - Kinesiology (formerly PE 231 C)	3
KIN 235 C	First Aid, CPR and Emergencies (formerly PE 235 C)	3
KIN 244 C	Lifetime Fitness and Wellness (formerly Human Performance)	3
KIN 255 C	Lifeguarding (formerly PE 237 C)	1
KIN 290 C	Philosophy and Consciousness of Yoga	3
KIN 291 C	Yoga and the Physical Body	3
KIN 292 C	Yoga and the Subtle Body	3
PHS 281 C	Health and Social Justice (beg F'21) ^{1,2,3}	3
or PHS 281HC	Honors Health and Social Just	
PHS 283 C	Womens Health (beg F'21)	3
PHS 284 C	Contemporary Personal Health (beg F'21)	3
PHS 285 C	Global and Community Health	3
PHS 294 C	Inter. Neurob. & Mind-body Con	3
PHS 296 C	Whole Systems Integrative Health	3
PSY 120 C	Human Sexuality ¹	3
PSY 145 C	Child Psychology (beg S'06) ²	3
PSY 255 C	Psychology of Aging (beg S'06) ^{1,2}	3
SOC 250 C	Sociology of Aging (beg S'06) ^{1,2}	3
DANC 102 C	Pilates Mat Work (beg F'18)	1
DANC 105 C	Ballet I	2
DANC 106 C	Ballet II	2
DANC 107 C	Modern Dance I	2
DANC 108 C	Modern Dance II	2
DANC 109 C	Dance Improvisation (beg F'11)	2
DANC 110 C	Adaptive Dance (beg F'18)	1
DANC 111 C	Jazz Dance I	2
DANC 112 C	Jazz Dance II (beg F'11)	2
DANC 113 C	Tap Dance I	1
DANC 114 C	Tap Dance II	1
DANC 115 C	Hip Hop Dance	1
DANC 116 C	Ballet III	2
DANC 117 C	Modern Dance III (beg F'15)	2
DANC 130 C	Afro-Caribbean Dance (beg F'15)	1
DANC 136 C	Middle Eastern Dance (beg F'15)	1
DANC 137 C	Latin and Swing Dance (beg F'15)	1
DANC 205 C	Dance Ensemble (beg F'15)	1-2
KIN 100 C	Adapted Kinesiology Weight Training (formerly PE 100 C)	0.5-1

KIN 101 C	Adapted Kinesiology Activity (formerly PE 101 C)	0.05-1	KIN 156CC	Fitness First Resp. Advanced	1
KIN 109 C	Spirit Squad (formerly PE 179 C)	1-2	KIN 157AC	Tact. Fitness for Law Enforce.	1
KIN 110 C	Surfing (formerly PE 122 C)	0.5-1	KIN 158AC	Tact. Fit. for Fire Fighters	1
KIN 111 C	Swimming (formerly PE 134 C)	0.5-1	KIN 159 C	Fitness Testing and Exercise Prescription (formerly PE 154 C)	2
KIN 112 C	Swimming-Intermediate-Advanced	0.5-1	KIN 160 C	Badminton - Beginning (formerly PE 105 C Badminton)	0.5-1
KIN 114 C	Springboard Diving (formerly PE 136 C)	0.5-1	KIN 161 C	Badminton - Intermediate	0.5-1
KIN 115 C	Springboard Diving - Intermediate - Advanced	0.5-1	KIN 162 C	Badminton - Advanced	0.5-1
KIN 116 C	Swim for Fitness (formerly PE 149 C)	0.5-1	KIN 163 C	Table Tennis (formerly PE 107 C)	0.5-1
KIN 117 C	Water Aerobics (formerly PE 151 C)	0.5-1	KIN 164 C	Bowling - Beginning (former PE 108 C)	0.5-1
KIN 120 C	Kick-Boxing (formerly PE 163 C)	0.5-1	KIN 165 C	Bowling - Intermediate	0.5-1
KIN 121 C	Self-Defense (formerly PE 170 C)	0.5-1	KIN 166 C	Bowling - Advanced	0.5-1
KIN 128 C	Yoga-Intermediate	0.5-1	KIN 167 C	Gymnastics-Tumbling (formerly PE 119 C)	0.5-1
KIN 129 C	Vinyasa Yoga	0.5-1	KIN 168 C	Tennis - Beginning (formerly PE 139 C)	0.5-1
KIN 130 C	Yoga (formerly PE 102 C)	0.5-1	KIN 169 C	Tennis - Intermediate (formerly PE 141 C)	0.5-1
KIN 131 C	Restorative and Gentle Yoga	0.5-1	KIN 170 C	Tennis - Advanced	0.5-1
KIN 132 C	Hatha Yoga	0.5-1	KIN 171 C	Golf - Beginning (formerly PE 115 C)	0.5-1
KIN 133 C	Cardiovascular Conditioning (formerly PE 114 C)	0.5-1	KIN 172 C	Golf - Intermediate (formerly PE 157 C)	0.5-1
KIN 134AC	Walking for Fitness - Beginning (formerly KIN 134 C)	0.5-1	KIN 173 C	Golf - Advanced	0.5-1
KIN 134BC	Walking for Fitness - Intermediate	0.5-1	KIN 174 C	Pickleball - Beginning	0.5-1
KIN 134CC	Walking for Fitness - Advanced	0.5-1	KIN 175 C	Pickleball - Intermediate	0.5-1
KIN 135 C	Cardio Step (formerly PE 129 C)	0.5-1	KIN 176 C	Pickleball - Advanced	0.5-1
KIN 136 C	Cardio Step - Intermediate (formerly Step Aerobics - Intermediate)	0.5-1	KIN 177AC	Beginning Fitness Training	1-2
KIN 137 C	Mountaineering and Rock Climbing (formerly PE 142 C)	0.5-1	KIN 177BC	Intermediate Fitness Training	1-2
KIN 138 C	Body Sculpt (formerly PE 148 C)	0.5-1	KIN 180 C	Futsal - Beginning (formerly PE 109 C)	0.5-1
KIN 139 C	Cardio Blast (formerly PE 150 C)	0.5-1	KIN 181 C	Futsal - Intermediate	0.5-1
KIN 140 C	Fitness Training (formerly PE 152 C)	0.5-1	KIN 182 C	Futsal - Advanced	0.5-1
KIN 142 C	Power Training (formerly PE 156 C)	0.5-1	KIN 183 C	Volleyball - Beginning (formerly PE 144 C)	0.5-1
KIN 143 C	Strength Training (formerly PE 159 C)	0.5-1	KIN 184 C	Volleyball - Intermediate (formerly PE 145 C)	0.5-1
KIN 144 C	Boot Camp Workout - Intermediate (formerly HIIT - High Intensity Interval Training)	0.5-1	KIN 185 C	Volleyball - Advanced	0.5-1
KIN 145 C	Boot Camp Workout (formerly PE 168 C)	0.5-1	KIN 186 C	Beach Volleyball - Beginning (formerly PE 126 C)	0.5-1
KIN 146 C	Cardio Core (formerly PE 178 C)	0.5-1	KIN 187 C	Beach Volleyball - Intermediate (formerly PE 128 C)	0.5-1
KIN 147 C	Body Building and Development (formerly PE 182 C)	0.5-1	KIN 188 C	Beach Volleyball - Advanced	0.5-1
KIN 148 C	Total Body Fitness (formerly PE 187 C)	0.5-1	KIN 189 C	Basketball - Beginning (formerly PE 181 C)	0.5-1
KIN 149 C	Weight Training and Lifting (formerly PE 193 C)	0.5-1	KIN 190 C	Basketball - Intermediate (formerly PE 160 C)	0.5-1
KIN 150AC	Trail Hiking - Beginning	0.5-1	KIN 191 C	Basketball - Advanced	0.5-1
KIN 150BC	Trail Hiking - Intermediate	0.5-1	KIN 192 C	Water Polo (formerly PE 146 C)	0.5-1
KIN 150CC	Trail Hiking - Advanced	0.5-1	KIN 193AC	Soccer - Beginning (formerly KIN 193 C)	0.5-1
KIN 151 C	Spinning-Beginning	0.5-1	KIN 193BC	Soccer - Intermediate	0.5-1
KIN 152 C	Spinning - Intermediate	0.5-1	KIN 193CC	Soccer - Advanced	0.5-1
KIN 153 C	Spinning - Advanced	0.5-1	KIN 194 C	Softball (formerly PE 172 C)	0.5-1
KIN 154 C	Triathlon - Beginning	0.5-1	KIN 195AC	Baseball - Beginning (formerly KIN 195 C)	0.5-1
KIN 155 C	Triathlon - Intermediate	0.5-1	KIN 195BC	Baseball - Intermediate	0.5-1
KIN 156AC	Fitness First Resp. Beg.	1	KIN 195CC	Baseball - Advanced	0.5-1
KIN 156BC	Fitness First Resp. Interm.	1	KIN 197 C	Flag Football (formerly PE 197 C)	0.5-1
			KIN 198 C	Athletic Weight Training (formerly PE 104 C)	0.5-3

KIN 199 C	Conditioning for Athletes (formerly PE 162 C)	0.5-3
KIN 200 C	Athletic Skill Development	0.5-3
KIN 201 C	Athletic Fitness Development	0.5-3
KIN 202 C	Intercollegiate Baseball (formerly PE 202 C)	3
KIN 203 C	Intercollegiate Basketball - Men (formerly PE 203 C)	1.5-3
KIN 204 C	Intercollegiate Basketball - Women (formerly PE 204 C)	1.5-3
KIN 205 C	Intercollegiate Beach Volleyball - Women (formerly PE 217 C)	3
KIN 206 C	Intercollegiate Golf - Men (formerly PE 208 C)	3
KIN 207 C	Intercollegiate Golf - Women	3
KIN 210 C	Intercollegiate Soccer - Men (formerly PE 209 C)	3
KIN 211 C	Intercollegiate Soccer - Women	3
KIN 212 C	Intercollegiate Softball - Women (formerly PE 210 C)	3
KIN 213 C	Intercollegiate Swimming - Men (formerly PE 211 C)	3
KIN 214 C	Intercollegiate Swimming - Women (formerly PE 212 C)	3
KIN 215 C	Intercollegiate Tennis (formerly PE 214 C)	3
KIN 217 C	Intercollegiate Volleyball - Women (formerly PE 218 C)	3
KIN 218 C	Intercollegiate Water Polo - Women (formerly PE 219 C)	3
KIN 219 C	Intercollegiate Water Polo - Men	3
KIN 222 C	Intercollegiate Badminton - Women (formerly PE 222 C)	3

F. ETHNIC STUDIES (3 unit minimum)

ETHS 101 C	American Ethnic Studies (beg F'21) ² or ETHS 101HC Honors American Ethnic Studies	3
ETHS 129 C	Intro to African Amer Studies (begin F21) ^{2,3}	3
ETHS 150 C	Intro to Chicana-o-x Studies (begin F22) ^{2,3}	3
ETHS 151 C	Chicana-o-x History I	3
ETHS 152 C	Chicana-o-x History II	3
ETHS 159 C	Intro to Native Amer Studies (beg '21) ^{2,3}	3
ETHS 202 C	Race, Ethnicity & Pop Culture (begin F22) ^{2,3}	3
ETHS 235 C	American Racial Liber. Mvmt (begin F22) ^{2,3}	3
ETHS 170 C	Intro to Asian Pac Am Studies (beg F'21) ^{2,3}	3

¹ Duplicate credit not granted for the same cross-listed courses nor for non-Honors and Honors courses.

² Course may be used to satisfy requirements for one area only.

³ The class also may be used to satisfy the Cypress College Associates Degree Social Justice, Equity and Sustainability requirement.

⁴ See CSU graduation requirement in U.S. History, Constitution, and American Ideals.