

# COSMETOLOGY (COSM)

## COSM 041 F Esthetician: Level 1

11 Units

**Prerequisite(s):** 10th grade education or equivalent.

**Advisory:** Must be 17 years of age when applying for State Board Examination.

135 hours lecture and 198 hours lab per term. This course includes basic skin care procedures and techniques; analysis of the skin; facial treatments (manual, electrical and chemical); facial massage manipulations; temporary hair removal (tweezing and waxing); makeup techniques and applications; health, safety and sanitation precautions and procedures; bacteriology, chemistry, electricity, anatomy and physiology; professional ethics, hygiene, personality development, personal and professional management. Related subjects, as they are applicable to esthetics, are covered. This course is designed for preparation of the California Board of Barbering and Cosmetology Examination, and a successful career as an esthetician. This is the first of two consecutive segments. Pivot Point Member School (Degree Credit)

## COSM 042 F Esthetician: Level 2

11 Units

**Prerequisite(s):** COSM 041 F with a grade of C or better.

**Advisory:** Must be 17 years of age when applying for State Board Examination.

135 hours lecture and 198 hours lab per term. This course includes an advanced study of skin care procedures and techniques; analysis of the skin; facial treatments (manual, electrical and chemical); facial massage manipulations (European, lymphatic and acupressure); temporary hair removal (tweezing, depilatories and waxing); make-up techniques and applications; hygiene, health, safety and sanitation precautions and procedures; chemistry, electricity; professional ethics, growth and personality development; personal, professional and business management; advanced topics and procedures (aromatherapy, spa treatments, chemical exfoliation). Related subjects, as they are applicable to esthetics are covered. This course is designed for preparation for the California Board of Barbering and Cosmetology Examination, and a successful career as an esthetician. This is the second of two consecutive segments. Pivot Point Member School. (Degree Credit)

## COSM 043 F Advanced Topics in Esthetics

0.5-3 Units

**Prerequisite(s):** COSM 042 F or COSM 055EF with a grade of C or better or valid Esthetician or Cosmetology license.

**Advisory:** Completed 10th grade level or its equivalent

54 hours lecture and 162 hours lab per term. This course is designed to meet the needs of the Esthetician industry that requires advanced training, continuing education, and provide professional growth for licensed estheticians and cosmetologists. The course will be offered in modules of advanced topics. Unit credit may range from .5-3 units per module. Consult the class schedule to verify specific topic areas and credit offered for each topic and fees. Pivot Point Member School. (Degree Credit)

## COSM 046 F Advanced Makeup - Microdermabrasion

4 Units

**Prerequisite(s):** COSM 042 F or COSM 055EF with a grade of C or better or a valid Esthetician or Cosmetology License.

**Advisory:** Completed 10th grade or equivalent.

36 hours lecture and 108 hours lab per term. This course is designed to meet the needs of the esthetics industry which requires advanced training, continuing education, and provide professional growth for licensed estheticians and cosmetologists. This course will be offered in two modules. Module One will cover advanced makeup and Module Two will cover Microdermabrasion. Consult the class schedule to verify specific topic areas; credit offered for each topic and fees. Pivot Point Member School.

## COSM 047 F Advanced Exfoliation-Microdermabrasion

2 Units

**Prerequisite(s):** COSM 042 F or COSM 055EF with a grade of C or better, or a valid Esthetician or Cosmetology license.

**Advisory:** Completed 10th grade or equivalent

18 hours lecture and 54 hours lab per term. This course is designed to meet the needs of the esthetics industry which requires advanced training, continuing education and professional growth for licensed estheticians and cosmetologists. This module will cover advanced exfoliation using microdermabrasion techniques. Consult the class schedule to verify specific class meeting dates, credit offered and fees. Pivot Point Member School.

## COSM 048 F Advanced Makeup - Air Brush

2 Units

**Prerequisite(s):** COSM 042 F or COSM 055EF with a grade of C or better or a valid Esthetician or Cosmetology license.

**Advisory:** Completed 10th grade or equivalent.

18 hours lecture and 54 hours lab per term. This course is designed to meet the needs of the esthetics industry which requires advanced training, continuing education, and provides professional growth for licensed estheticians and cosmetologists. This module will cover advanced makeup-air brush techniques. Consult the class schedule to verify specific class meeting dates, credit offered and fees. Pivot Point Member School.

## COSM 055AF Cosmetology - Level 1

11 Units

**Prerequisite(s):** 10th grade education or equivalent.

**Advisory:** Must be 17 years of age when applying for State Board Examination. Authorized or required by statute or regulation or licensing agency.

Authorized or required by statute or regulation or licensing agency. 135 hours lecture and 207 hours lab per term. This course includes basic hair styling, manicures, facials, day make-up, permanent waving, scalp treatments, hair cutting, tinting, and bleaching. Subjects applicable to cosmetology are also covered. The program is designed toward preparation for the California Board of Barbering and Cosmetology exam and a successful career as a cosmetologist. This is the first of five consecutive segments. Pivot Point Member School. (Degree Credit)

## COSM 055BF Cosmetology - Level 2

11 Units

**Prerequisite(s):** COSM 055AF with a grade of C or better

**Advisory:** Must be 17 years of age when applying for State Board Exam

135 hours lecture and 207 hours lab per term. This course is designed to meet the needs of the Level 2 segment that requires basic hairstyling, manicuring, pedicuring, acrylic nails with form, nail wraps, tips, mends/repairs, facials, make-up, permanent waving, scalp treatments, hair cutting, tinting, bleaching, soft permanent wave, and sodium hydroxide chemical relaxing. Related subjects, as they are applicable to cosmetology are covered. The program is designed toward preparation for the California Board of Barbering and Cosmetology Examination and a successful career as a cosmetologist. This is the second of five consecutive segments. Pivot Point Member School. (Degree Credit)

## COSM 055CF Cosmetology - Level 3

10 Units

**Prerequisite(s):** COSM 055BF with a grade of C or better.

99 hours lecture and 243 hours lab per term. This course is designed to include hair design, manicuring and pedicuring, acrylic nails, nail repair, facials and corrective make-up, scalp and hair treatments, hair sculpture, hair color design, chemical texturizing, permanent waving, chemical relaxing and curl reformation. Related subjects, as they are applicable to cosmetology, are covered. This program is designed toward preparation for the California Board of Barbering and Cosmetology State Exam and a successful career as a cosmetologist. This is the third of five consecutive segments. Pivot Point Member School. (Degree Credit)

**COSM 055DF Cosmetology - Level 4****9 Units**

**Prerequisite(s):** COSM 055CF with a grade of C or better  
72 hours lecture and 288 hours lab per term. This course is designed to prepare students for advanced hair, artificial nails, facials, make-up, airbrush make-up, chemical texturing, hair sculpting, extensions, color design texture/chemical relaxing. Related subjects are covered. The program is designed toward preparation for the California Board of Barbering and Cosmetology Exam and a successful career as a cosmetologist. This is the fourth of five consecutive segments. Pivot Point Member School (Degree Credit)

**COSM 055EF Cosmetology - Level 5****9 Units**

**Prerequisite(s):** COSM 055DF with a grade of C or better  
**Advisory:** Must be 17 years of age when applying for State Board Exam.  
72 hours lecture and 288 hours of lab per term. This course includes salon thermal hair curling, salon hair sculpting, permanent wave design, salon color design, salon chemical relaxing-sodium hydroxide, salon nail sculpture, and salon facials. Related subjects, as they are applicable to advanced Cosmetology salon techniques are covered in this course. This course also includes California Board of Barbering and Cosmetology mock written and performance exams. This program is designed toward preparation for the State Board Exam and a successful career as a cosmetologist. Nine (9) units are given for 320 hours of classwork completed with a C or better average. This is the fifth of five consecutive segments. Pivot Point Member School. (Degree Credit)

**COSM 060 F Instructional Techniques in Cosmetology, Barbering and Esthetician****3 Units**

**Prerequisite(s):** Valid California Cosmetology, Barbering, or Esthetician License and a minimum of three years experience as a cosmetologist, barber, or esthetician with one year completed within the previous two years.

**Advisory:** Concurrent enrollment in COSM 060LF.

36 hours lecture and 54 hours lab per term. This course is designed for licensed cosmetologist/barber/esthetician who intend to teach in the post-secondary or private sector cosmetology/barbering/esthetician schools. Students will learn teaching methodologies, professional development, and learning philosophies associated with becoming a master educator in cosmetology, barbering, or esthetics. Pivot Point terminologies, principles, concepts, practices in problem-solving are emphasized. Pivot Point Member School. \*Note: COSM 060 F and COSM 062 F include the opportunity for students to complete 600 required clock hours of laboratory observation as a student-instructor. Students will need to enroll in COSM 060LF, COSM 061LF, and COSM 062LF and immediately meet with lab instructor to arrange a weekly schedule in each level to complete the 600 clock hours and units required.

**COSM 060LF Instructional Techniques in Cosmetology, Barbering and Esthetician Laboratory****3 Units**

**Prerequisite(s):** Valid California Cosmetology, Barbering or Esthetician License and a minimum of three years experience as a cosmetologist, barber or esthetician with one year completed within the previous two years.

**Advisory:** Concurrent enrollment in COSM 060 F.

162 arranged hours lab per term. This course is designed to provide licensed cosmetologist/barber/esthetician with the opportunity to complete 600 required clock hours of lab observation as a student-instructor. Pivot Point Member School. (Degree Credit)

**COSM 061AF Pivot Point Instruction I****3 Units**

**Prerequisite(s):** COSM 060 F or COSM 060LF with a grade of C or better and a valid Cosmetology license.

36 hours lecture and 54 hours lab per term. This course is designed for Cosmetologists, Cosmetology Instructors/Instructor Trainees that need to know and teach Pivot Point techniques to obtain employment in most Community College's Cosmetology Departments and progressive salons or private schools. (Degree Credit)

**COSM 061BF Pivot Point Instruction II****3 Units**

**Prerequisite(s):** COSM 061AF with a grade of C or better and a valid California cosmetology or esthetician license in good standing.

36 hours lecture and 54 hours lab per term. This course is designed to restate the common terminology and principles of Pivot Point and differentiate terms, concepts, and principles. This course will demonstrate the formulation and application of all advanced techniques. Pivot Point Member School. (Degree Credit)

**COSM 061CF Pivot Point Instruction III****3 Units**

**Prerequisite(s):** COSM 061BF with a grade of C or better and a current cosmetology/esthetician license.

36 hours lecture and 54 hours lab per term. This course is specially designed for cosmetologists, estheticians, instructors and instructor trainees that need to know and teach Pivot Point techniques. This advanced course prepares the student to successfully complete the knowledge necessary in Pivot Point training and instructional techniques to advance a technical career in the private sector and community college instructors. Pivot Point Member School. (Degree Credit)

**COSM 061LF Intermediate Instructional Techniques in Cosmetology, Barbering and Esthetician Laboratory****2 Units**

**Prerequisite(s):** COSM 060LF with a grade of C or better and a valid Cosmetology, Barbering, or Esthetician License.

**Advisory:** Concurrent enrollment in COSM 062 F.

108 arranged hours lab per term. This intermediate course is designed to provide licensed cosmetologist, barber, or esthetician with the opportunity to complete 600 required clock hours of lab observation as a student-instructor. Pivot Point Member School. (Degree Credit)

**COSM 062 F Advanced Instructional Techniques in Cosmetology, Barbering and Esthetician****3 Units**

**Prerequisite(s):** COSM 060 F with a grade of C or better and a valid Cosmetology, Barber, or Esthetician license.

**Advisory:** Concurrent enrollment in COSM 061LF or COSM 062LF.

36 hours lecture and 54 hours lab per term. This course is designed to teach licensed cosmetologist, barber or esthetician advanced instructional techniques. The student instructor will learn to create advanced lesson plans, demonstrate stress management skills, and motivational skills, identify instructional aids, understand the importance of administrative tasks, and analyze and employ advanced instructional techniques. Pivot Point Member School.

**COSM 062LF Advanced Instructional Techniques in Cosmetology, Barbering, and Esthetician Laboratory****3 Units**

**Prerequisite(s):** COSM 060LF with a grade of C or better and a valid Cosmetology, Barbering or Esthetician License.

**Advisory:** Concurrent enrollment in COSM 062 F.

162 arranged hours lab per term. This advanced course is designed to provide licensed cosmetologists, barbers and estheticians with the opportunity to complete 600 required clock hours of lab observation as a student-instructor. Pivot Point Member School. (Degree Credit)

**COSM 080 F Barbering: Cosmetology Crossover to Barbering 7.5 Units**

**Prerequisite(s):** COSM 055EF or Pass in completion of 1600 hours of Cosmetology in theory hours and practical operations with proof of training/certificate at an accredited California community college/post-secondary school approved by the California Board of Barbering and Cosmetology, or a valid California Cosmetology License issued from the California Department of Consumer Affairs.

**Advisory:** Must be 17 years of age when applying for California Board of Barbering and Cosmetology barbering license exam.

100 hours lecture and 112 hours lab per term. This course provides the additional hours in shaving preparation and performance required to qualify for the examination for a license as a barber to practice barbering.

**COSM 081 F Barbering: Level 1 9.5 Units**

**Prerequisite(s):** 10th grade education or equivalent.

**Advisory:** Must be 17 years of age when applying for the California Board of Barbering and Cosmetology barbering license examination.

108 hours lecture and 212 hours lab per term. This is the first of five consecutive segments. This course includes basic shaving, hair styling, facials, permanent waving, scalp treatments, hair cutting, tinting, and bleaching. Subjects applicable to barbering are also covered. This program is designed toward preparation for the California Board of Barbering and Cosmetology barbering license examination and a successful career as a barber. Classwork must be completed with a grade of C or better.

**COSM 082 F Barbering: Level 2 9.5 Units**

**Prerequisite(s):** COSM 081 F with a grade of C or better.

**Advisory:** Must be 17 years of age when applying for California Board of Barbering and Cosmetology barbering license examination.

108 hours lecture and 212 hours lab per term. This is the second of five consecutive segments. This course requires basic shaving, hair styling, facials, permanent waving, scalp treatments, hair cutting, tinting, bleaching, soft permanent wave, ammonium thioglycolate and sodium hydroxide chemical relaxing. Related subjects, as they are applicable to barbering are covered. This program is designed toward preparation for the California Board of Barbering and Cosmetology barbering license examination and a successful career as a barber. Classwork must be completed with a grade of C or better.

**COSM 083 F Barbering: Level 3 9 Units**

**Prerequisite(s):** COSM 082 F with a grade of C or better.

**Advisory:** Must be 17 years of age when applying for California Board of Barbering and Cosmetology barbering license examination.

90 hours lecture and 230 hours lab per term. This is the third of five consecutive segments. This course is designed to include shaving, hair styling, facials, permanent waving, scalp treatments, hair cutting, tinting, bleaching, soft permanent wave, ammonium thioglycolate and sodium hydroxide chemical relaxing. Related subjects, as they are applicable to barbering are covered. The program is designed toward preparation for the California Board of Barbering and Cosmetology barbering license examination and a successful career as a barber. Classwork must be completed with a grade of C or better.

**COSM 084 F Barbering: Level 4 8.5 Units**

**Prerequisite(s):** COSM 083 F with a grade of C or better.

**Advisory:** Must be 17 years of age when applying for California Board of Barbering and Cosmetology barbering license examination.

72 hours lecture and 248 hours lab per term. This is the fourth of five consecutive segments. This course is designed to prepare students for advanced shaving, hair styling, facials, permanent waving, hair cutting, hair coloring, chemical relaxing, and hair replacement. Related subjects are covered. This program is designed toward preparation for the California Board of Barbering and Cosmetology barbering license examination and a successful career as a barber. Classwork must be completed with a grade of C or better.

**COSM 085 F Barbering: Level 5 8.5 Units**

**Prerequisite(s):** COSM 084 F with a grade of C or better.

**Advisory:** Must be 17 years of age when applying for California Board of Barbering and Cosmetology barbering license examination.

72 hours lecture and 248 hours lab per term. This is the fifth of five consecutive segments. This course includes barbershop shaving, hair styling, hair cutting, permanent waving, hair coloring, chemical relaxing, facials, and hair replacement. Related subjects, as they are applicable to advanced Barbering shop techniques are covered in this course. This course also includes California Board of Barbering and Cosmetology mock written and performance examinations. This program is designed toward preparation for the California Board of Barbering and Cosmetology barbering license examination and a successful career as a barber. Classwork must be completed with a grade of C or better average.