## ATHLETIC COACH CERTIFICATE

Title

PROGRAM CODE: 2C10616A

Required Courses (12 units)

Code

The Athletic Coach Certificate is designed to educate and prepare students to become certified athletic coaches in the recreational and competitive sports industry. Upon successful completion, students will earn a certificate and be more qualified to coach inter-scholastically and within sport organizations and private business. A minimum grade of C is required in each course taken. This certificate requires a total of 13-15 units, with at least 1 unit coming from the Restricted Elective list.

Units

PE 250 F Sports and Society PE 266 F Fitness for Living (formerly Physical Fitness as a Lifelong Concept) PE 245 F Lifesaving, Basic Rescue and CPR or PE 235 F First Aid, CPR, and Safety Education American Red Cross certification can be substituted at the discretion of the Division. Students must take an additional 3 units from restricted electives  Restricted Electives - Select at least one course from the list below (1-3 units)  PE 105 F Badminton PE 112 F Fencing PE 117 F Gymnastics - Tumbling (formerly Gymnastics)  PE 126 F Beach Volleyball PE 127 F Racquetball-Indoors PE 134 F Beginning Swimming PE 139AF Beginning Tennis PE 144 F Volleyball-Beginning PE 145 F Volleyball - Intermediate PE 154 F Fitness Testing with Exercise Prescription PE 180 F Baseball PE 181 F Intermediate/Advanced Basketball (formerly Basketball) PE 185 F Football - Defense PE 189 F Soccer II (formerly Soccer) PE 202 F Intercollegiate Basketball - Men PE 203 F Intercollegiate Basketball - Men PE 204 F Intercollegiate Basketball - Women PE 207 F Intercollegiate Football PE 208 F Intercollegiate Golf - Women PE 209 F Intercollegiate Soccer PE 210 F Intercollegiate Soccer	Required Courses (1	z units)	
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Gymnastics)  PE 126 F Beach Volleyball  PE 127 F Racquetball-Indoors  PE 134 F Beginning Swimming  PE 139AF Beginning Tennis  PE 144 F Volleyball-Beginning  PE 145 F Volleyball - Intermediate  PE 180 F Baseball  PE 181 F Intermediate/Advanced Basketball  (formerly Basketball)  PE 185 F Football - Defense  PE 189 F Soccer II (formerly Soccer)  PE 202 F Intercollegiate Basketball - Men  PE 204 F Intercollegiate Basketball - Women  PE 205 F Intercollegiate Cross Country - Men and  Women  PE 207 F Intercollegiate Football  PE 208 F Intercollegiate Golf - Women  PE 209 F Intercollegiate Soccer  PE 210 F Intercollegiate Softball - Women  3 PE 211 F Intercollegiate Swimming (formerly	PE 115 F	Golf	1
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PE 211 F Intercollegiate Swimming (formerly	PE 209 F	Intercollegiate Soccer	3
3(1)	PE 210 F	Intercollegiate Softball - Women	3
	PE 211 F	3 ,	3

Total Units		13-15
PE 285 F	Theory of Coaching Volleyball (formerly Professional Activities - Theory of Volleyball)	3
PE 284 F	Theory of Coaching Soccer	2
PE 283 F	Theory of Coaching Football (formerly Professional Activities/Theory of Football)	3
PE 282 F	Theory of Coaching Softball	2
PE 281 F	Professional Activities: Theory of Basketball	2
PE 270 F	Exercise Nutrition	3
PE 252 F	Introduction to Kinesiology	3
PE 221 F	Intercollegiate Volleyball - Men	3
PE 219 F	Intercollegiate Water Polo	3
PE 218 F	Intercollegiate Volleyball - Women	2
PE 217 F	Intercollegiate Sand Volleyball-Women	2
PE 215 F	Intercollegiate Track and Field - Men and Women (formerly Track - Men/Women)	3
PE 214 F	Intercollegiate Tennis	3

**Outcome 1:** Formulate a full season training curriculum using short and long-term goal setting..

*Outcome 2:* Demonstrate, communicate, and apply their knowledge and understanding of the "rules of game" in their chosen sport.

Outcome 3: Develop and apply their coaching philosophy.

Outcome 4: Create practice plans using the 5 components of fitness.

*Outcome 5:* Demonstrate effective communication skills and interpersonal skills with their athletes, parents, other coaches and co-workers, officials, community members, and the media.

https://www.curricunet.com/fullerton/reports/program\_report.cfm? programs\_id=1243